DISCUSSION SESSION: GROSS ANATOMY

ONN BLOCK

Discuss Spinal Reflexes, Cranial Nerve Reflexes (including testing), Autonomics (including Horner's syndrome)

SPINAL AND CRANIAL NERVE REFLEXES

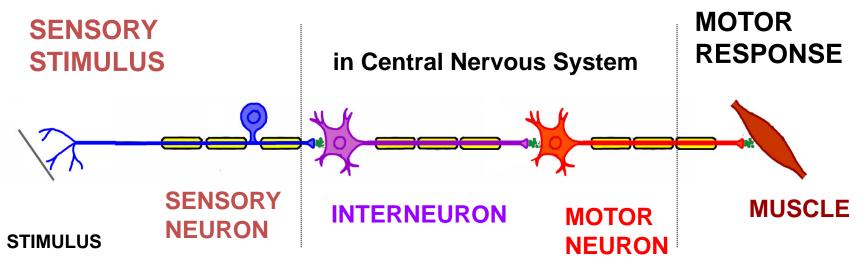
Review reflexes as clinical tools

Three basic Spinal Reflexes –

Stretch reflex – tap on tendon causes muscle to contract Flexor reflex – aversive stimulus (ex. strong tactile stimulation of sole of foot) causes flexor muscles to contract Autogenic inhibition – Large forces cause muscle to relax

Cranial nerve reflexes

TYPICAL REFLEX



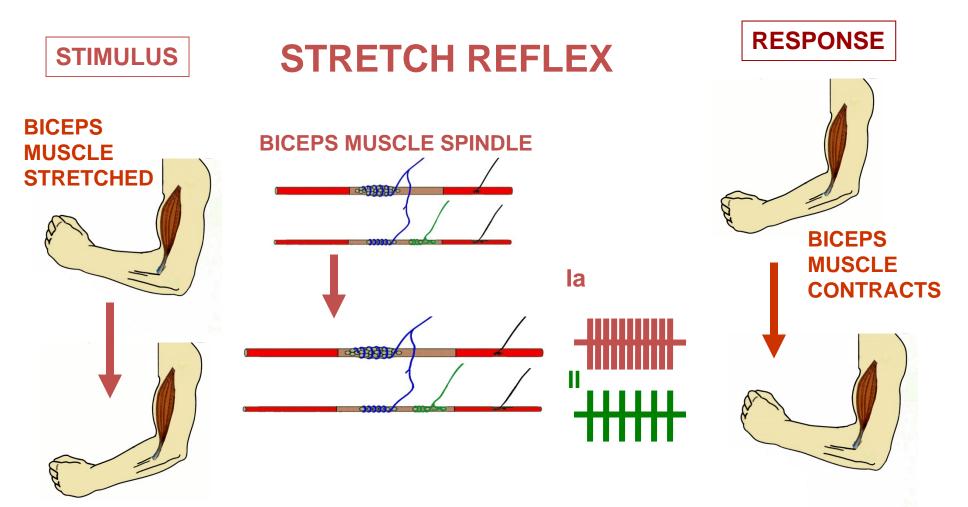
Reflexes are clinical tools. For reflex to occur, all elements (sensory neuron, interneuron, muscle) must be functional: If <u>absent, diagnose where pathway is interrupted</u>. If <u>abnormal, diagnose where pathway is compromised</u>.

REFLEXES CAN BE USED TO TEST NERVOUS SYSTEM FUNCTION, LOCATE SITE OF LESION

SPINAL REFLEXES

SPINAL REFLEXES AND DISORDERS

| REFLEX | STIMULUS/SENSE ORGAN(S) EXCITED | NORMAL RESPONSE | UPPER MOTOR NEURON DISORDERS |
|--|--|---|--|
| Stretch (Myotatic, Deep Tendon) Reflex – Compensatory maintain position (ex. riding on moving bus) | Rapid Stretch of muscle (test: tap on muscle tendon) Excites Muscle Spindle Primary (Ia) and Secondary (II) sensory neurons (NOT Golgi Tendon Organ) | Stretched muscle contracts rapidly (monosynaptic connection); also Excite synergist and Inhibit antagonist Note: Gamma motor neurons can enhance stretch reflexes, tell patient to relax before test | <u>Hyperreflexia</u> - (increase) - characteristic of Upper Motor Neuron lesions (ex. spinal cord injury, damage Corticospinal tract); note: <u>Clonus</u> = hyperreflexia with repetitive or sustained contractions to single stimulus |
| Autogenic Inhibition - Limits Muscle Tension Flexor Reflex - Protective avoidance reflex | Large force on tendon excites Golgi Tendon Organ Ib (test: pull on muscle when resisted) Sharp, painful stimulus, as in stepping on nail; Excites - Cutaneous and pain receptors (test: stroke foot with pointed object) | Muscle tension decreases; Also inhibit synergist muscles; excite antagonist muscles Limb is rapidly withdrawn from stimulus; protective reflex; also inhibit extensors of same limb and excite extensors of opposite limb (Crossed Extensor Reflex) | <u>Clasped Knife Reflex</u> - occurs in Upper Motor Neuron lesions - forceful stretch of muscle is first resisted then collapses <u>Babinski sign</u> -toes extend (dorsiflex) to cutaneous stimulus of sole of foot (normally plantar flex); characteristic of Upper Motor Neuron lesion |



1) Stimulus -<u>fast stretch</u> of muscle 2) Sense organ excited - Muscle spindle Ia and II sensory neurons 3) Primary response muscle that is stretched contracts rapidly

OTHER COMPONENTS OF STRETCH REFLEX ** SENSE

Biceps

Muscle

1) Excite synergist muscles spindle afferents also make excitatory monosynaptic connections with synergist muscles



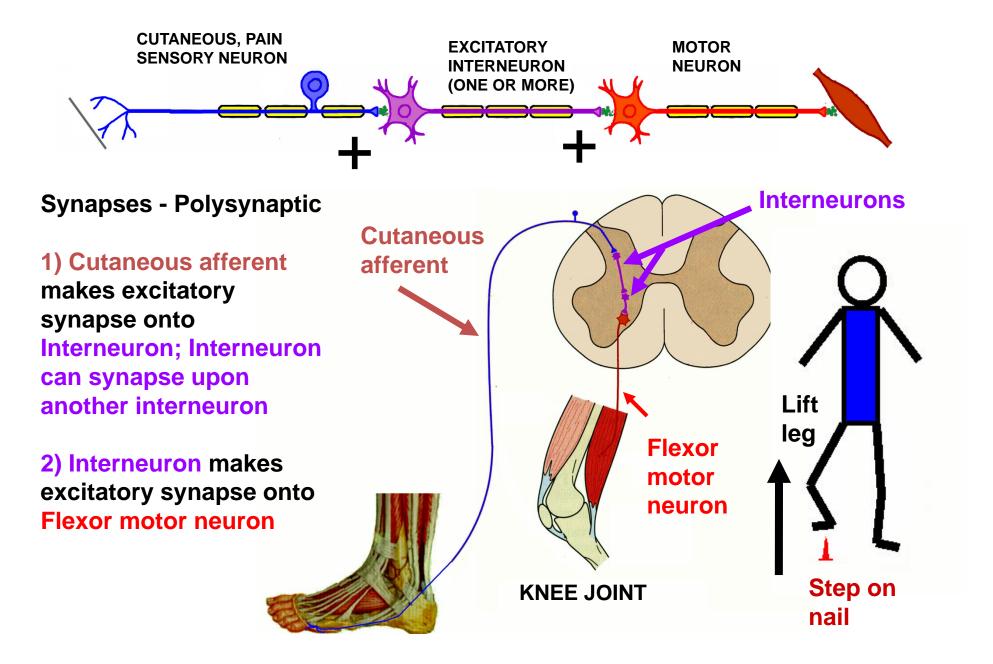
2) Inhibit antagonist muscles -**RECIPROCAL INHIBITION** -Spindle activity also excites interneurons that make inhibitory synapses on motor neurons to antagonist muscles (polysynaptic)

ORGAN =Inhibitory **Spindle** Interneuron 2) INHIBITS **ANTAGONIST MUSCLE** – Triceps **1) EXCITES SYNERGIST MUSCLE** -**Brachialis**

FLEXOR REFLEX SKIN MEISSNER CORPUSCLE **MERKEL** FREE **RUFFINI** NERVE DISK CORPUSCLE **ENDINGS** 1) Stimulus -2) Sense organ

painful or noxious stimulus (stepping on nail) 2) Sense organ excited - Cutaneous receptors, Pain receptors (nociceptors) 3) Primary response -Protective withdrawal of limb

FLEXOR REFLEX: PATHWAYS



FLEXOR REFLEX: OTHER EFFECTS ALL ARE POLYSYNAPTIC BY INTERNEURONS

1) Excite synergist muscles - excite other flexors in same leg (other joints)

2) Inhibit antagonist muscles - inhibit Extensors in same leg

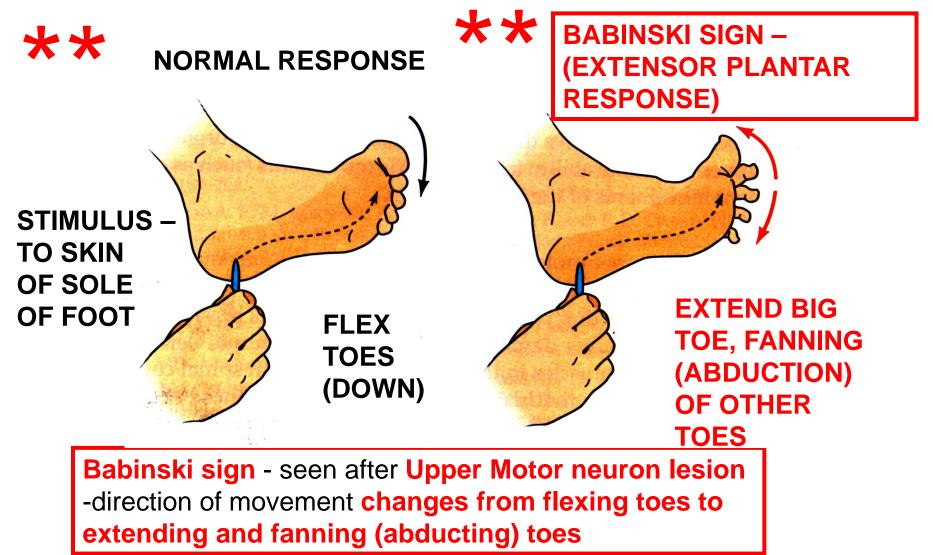
3) CROSSED EXTENSION REFLEX - EXCITE EXTENSORS AND INHIBIT FLEXORS IN OPPOSITE LEG

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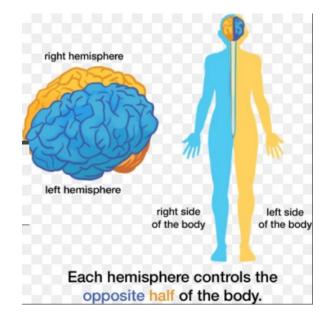
** EXCITE EXCITE FLEXOR. **EXTEND** EXTENSOR, FLEX INHIBIT INHIBIT **EXTENSOR FLEXOR** EXT ┿ EXT FLEX FLEX **SUPPORT** LIFT

FUNCTION: OTHER LEG PROVIDES SUPPORT WHEN FIRST LEG IS LIFTED

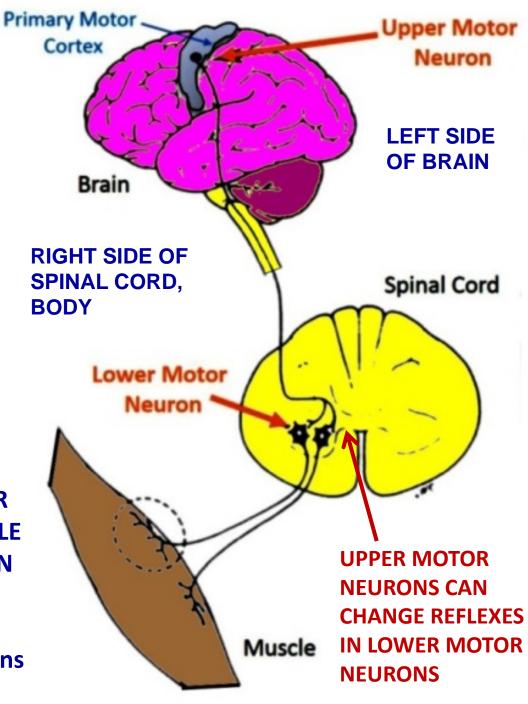
FLEXOR REFLEXES CAN CHANGE AFTER LESIONS, DISEASE PROCESSES



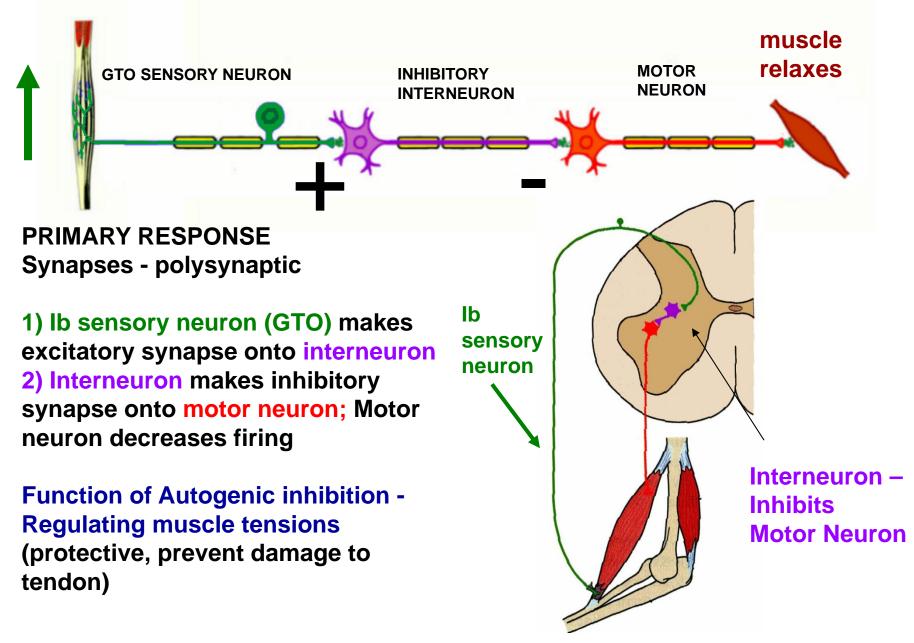
UPPER VS LOWER MOTOR NEURON



LOWER MOTOR NEURON = MOTOR NEURON THAT INNERVATES MUSCLE UPPER MOTOR NEURON – NEURON IN CNS THAT CAN ACTIVATE OR INFLUENCE LOWER MOTOR NEURONS (ex. Corticospinal neurons in brain)



AUTOGENIC INHIBITION REFLEX: GOLGI TENDON ORGANS



AUTOGENIC INHIBITION

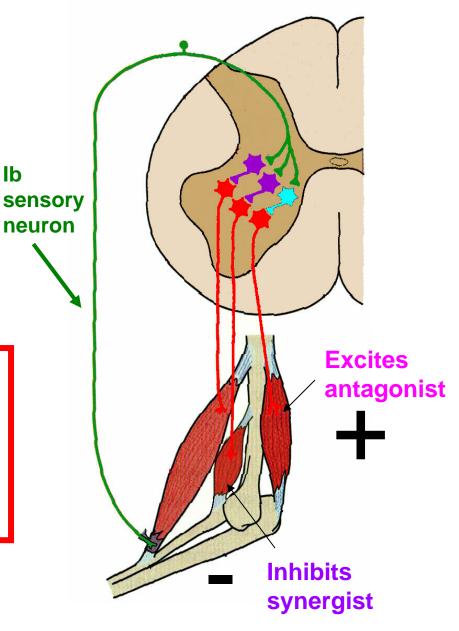
lb

Other effects

a. Inhibit synergist **muscles b. Excites antagonist** muscles -

CLASPED KNIFE REFLEX: in

Upper motor neuron lesions, tonus increases, resistance to stretch increases; if sufficient force is applied, limb resistance suddenly decreases (like pocket knife snapping shut)



CLASPED KNIFE REFLEX: is an example of Autogenic inhibition. It is elicited in patients with UMN lesions due to high tonus in muscle.

1) PHYSICIAN TRIES TO FLEX ELBOW JOINT OF PATIENT WITH UPPER MOTOR NEURON LESION

**

2) KEEP TRYING AND TENSION ON TRICEPS TENDON EXCITES GOLGI TENDON ORGANS

HIGH IMPOSED FORCE EXCITES GOLGI TENDON ORGANS IN TRICEPS TENDON WHICH INHIBITS MOTOR NEURONS TO TRICEPS MUSCLE 3) TRICEPS RELAXES AND RESISTANCE SUDDENLY DECREASES: ELBOW JOINT FLEXES

ELBOW JOINT

SNAPS SHUT

KNIFE =

REFLEX

LIKE A POCKET

CLASPED KNIFE

REFLEXES OF CRANIAL NERVES

| REFLEX | STIMULUS | SENSORY | RESPONSE | CLINICAL |
|---|---|--|--|---|
| Pupillary Light Reflex (II to III) | Test: Shine light in eye | Light detected by Optic Nerve | Excite Constrictor of pupil of eye (III Short Ciliary nerves (Ciliary Ganglion, parasympathetic) | Extensively used to check CN II; Absence of Pupillary Light Reflex can indicate catastrophe (brain herniation) |
| Corneal Reflex (V to VII) | Touch cornea of eye with cotton | Touch detected by Long Ciliary nerves (V1), Somatic sensory | Close eye (VII to Orbicularis Oculi muscle) Branchiomotor | Absence of Corneal Reflex; Test for damage to V1 sensory, VII motor |
| Gag Reflex (IX to X) | Test: Touch posterior tongue, oropharynx; | Excites Visceral Sensory endings in Glossopharyngeal N. (IX) | Excite muscles of pharynx, palate; Vagus N. (X), Branchiomotor | Other symptoms of Vagus damage (X); Patient Say's Ahh: soft palate not elevated on ipsilateral side (paralyze Levator Palati); uvula deviated away from side of lesion |
| Jaw Jerk Reflex Stretch (Deep Tendon) Reflex (V to V) | Test: tap down on mandible; Stretch muscles of mastication (ex. Masseter) | Excites Muscle Spindle sensory neurons in Trigeminal nerve (V) | Contract muscles that elevate mandible Motor - V3 | <u>Hyporeflexia</u> - indicates Trigeminal nerve damage |

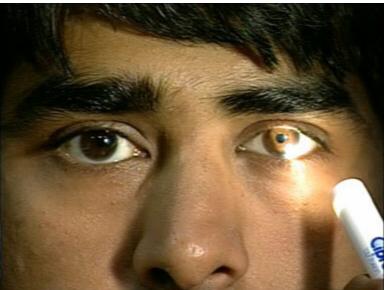
REFLEXES OF CRANIAL NERVES

1. PUPILLARY LIGHT REFLEX - II TO III

AFFERENT ARM OF REFLEX

SENSORY STIMULUS

LIGHT IN EYE



EFFERENT ARM OF REFLEX

MOTOR RESPONSE

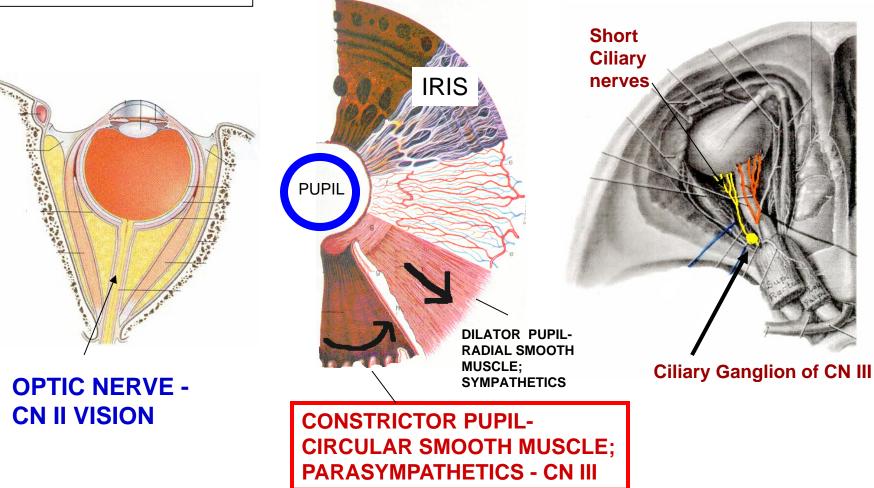
CONSTRICT PUPIL



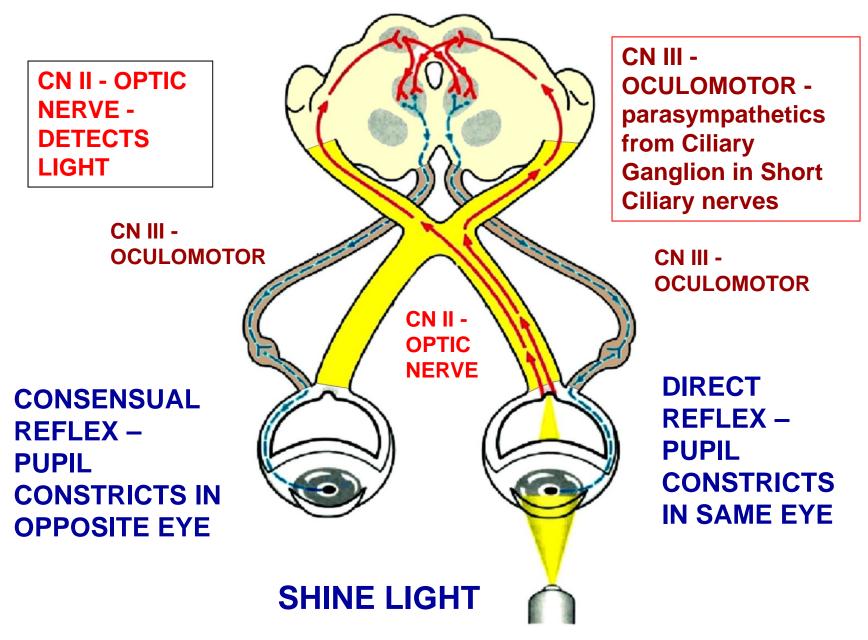
PUPILLARY LIGHT REFLEX

CN II - OPTIC NERVE -DETECTS LIGHT

CN III - OCULOMOTOR - parasympathetics from Ciliary Ganglion in Short Ciliary nerves



PUPILLARY LIGHT REFLEX



2. CORNEAL REFLEX - V TO VII

AFFERENT ARM OF REFLEX

SENSORY STIMULUS

TOUCH CORNEA

TRIGEMINAL -V1 - LONG CILIARY NERVES TO CORNEA



EFFERENT ARM OF REFLEX

MOTOR RESPONSE

CLOSE EYELID

> FACIAL -VII - MOTOR TO ORBICULARIS OCULI (SVE)

CORNEAL REFLEX - V to VII



VII - CLOSE EYELID

> ORBICU-LARIS OCULI M.

SHORT CILIARY NERVES (III), CILIARY GANGLION PARASYMPATHETIC

V - TOUCH

CORNEA

LONG CILIARY NERVES (V1) -SOMATIC SENSORY TO CORNEA

Palpebral part - Close eyelids
Orbital part - Buries eyelids, Ex. sandstorm
BRANCHIOMOTOR - VII

rempora

fasci

GAG REFLEX - IX to X

AFFERENT ARM OF REFLEX

SENSORY STIMULUS

TOUCH ORO-PHARYNX **EFFERENT ARM OF REFLEX**

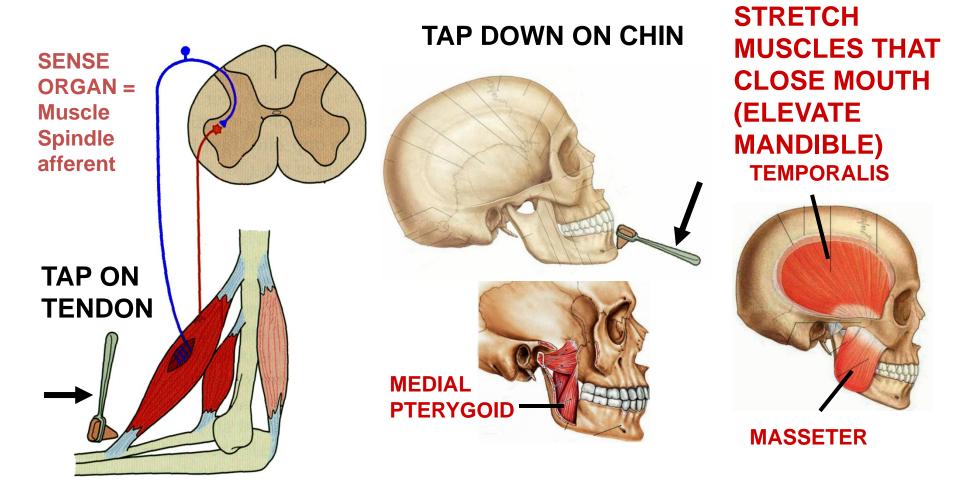
MOTOR RESPONSE

PATIENT GAGS -CONTRACT PHARYNGEAL MUSCLES

STRETCH REFLEX OF MUSCLES OF MASTICATION -JAW JERK REFLEX - sensory and motor in Trigeminal V3

STRETCH REFLEX

GO OVER NEXT BLOCK



DISCUSSION SESSION: GROSS ANATOMY

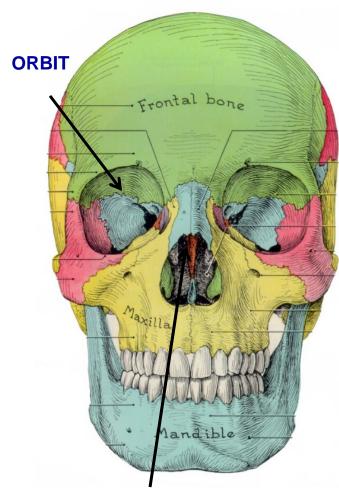
ONN BLOCK

Discuss Nasal Cavity Note: Nasal Cavity part 2 will be discussed later in the ONN block

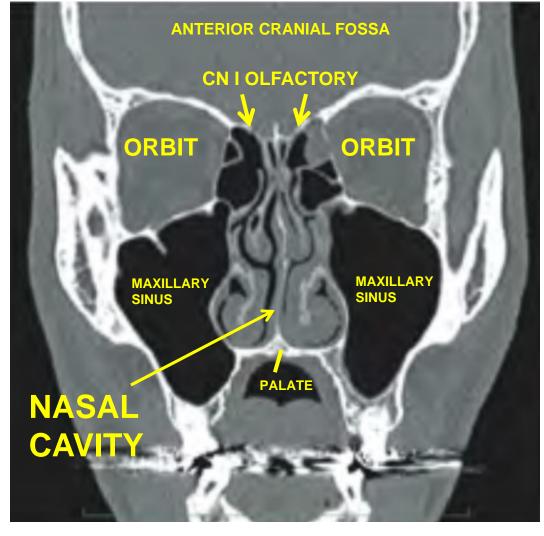
NASAL CAVITY

Bones and fractures Identification of sinuses CT prosections Nerves in sinuses Innervation/Blood Supply to Nasal Cavity Palatine tonsils (nerves/blood supply)

NASAL CAVITY – STRUCTURE COMPLEX – AIR SINUSES OPEN TO NASAL CAVITY, NERVES , ARTERIES FROM DIVERSE SOURCES (EX. ORBIT, CRANIAL CAVITY (ANTERIOR CRANIAL FOSSA)



NASAL CAVITY



CT – bones are white; air is black

LATERAL WALL OF NASAL CAVITY

Projections = <u>Conchae</u> (shell) or turbinates – increase surface area

1) <u>Superior Concha</u> -Ethmoid

2) <u>Middle Concha</u> -Ethmoid

3) <u>Inferior Concha</u> - separate bone

Middle

Inferior

In nasal speculum view, See only Middle and Inferior Conchae (Turbinates)

PRACTICE QUESTION CLINICAL VIGNETTE

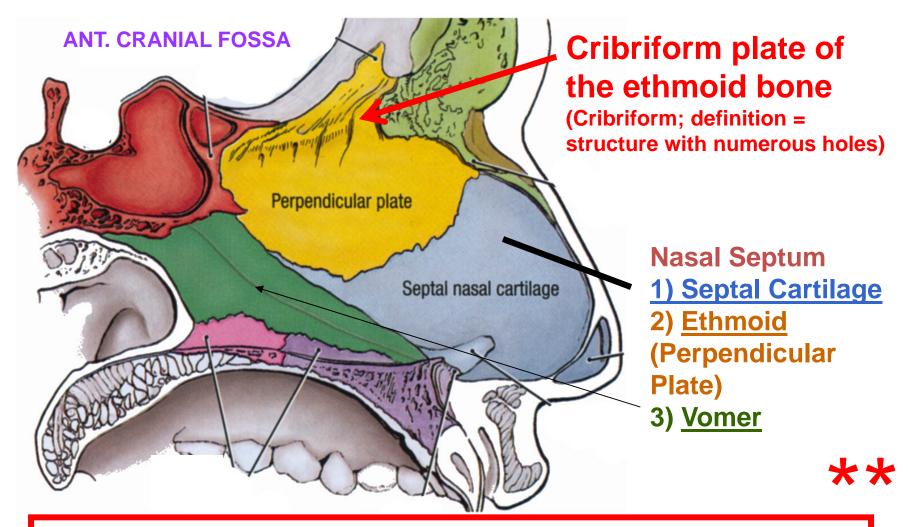


A 19 year old suffers a violent blow to the nose during a fist fight. Over the following week, the person notices that a clear fluid persists in dripping from the nose and goes to the local hospital emergency room. The physician orders a CT scan and finds a defect (arrow in image) in the floor of anterior cranial fossa. This defect is likely a fracture of which of the following bones?

- A. Maxillary bone
- **B.** Vomer
- C. Horizontal process of the frontal bone
- D. Greater wing of the sphenoid bone
- E. Cribriform plate of the ethmoid bone

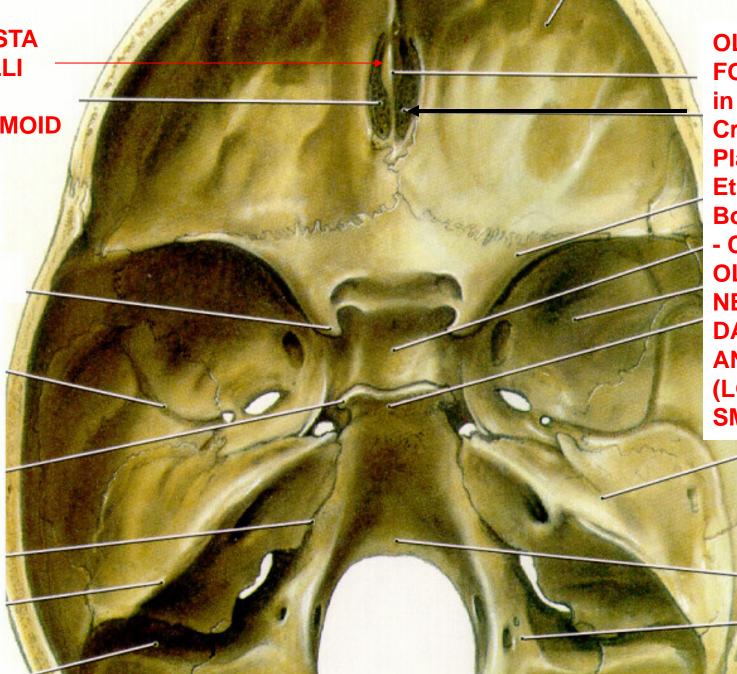
WHAT IS THE CLEAR FLUID?

MEDIAL WALL OF NASAL CAVITY = NASAL SEPTUM



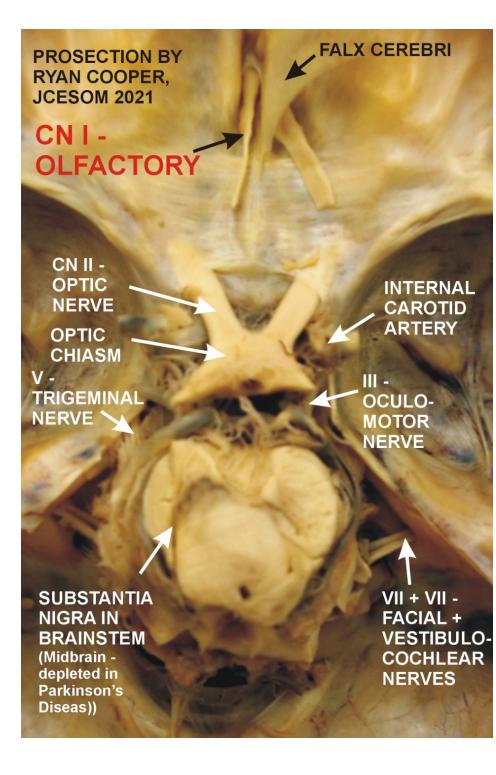
CLINICAL – Fracture of nose can break Cribriform plate, floor of Ant. Cranial fossa - leak CSF from nose; can result in Meningitis





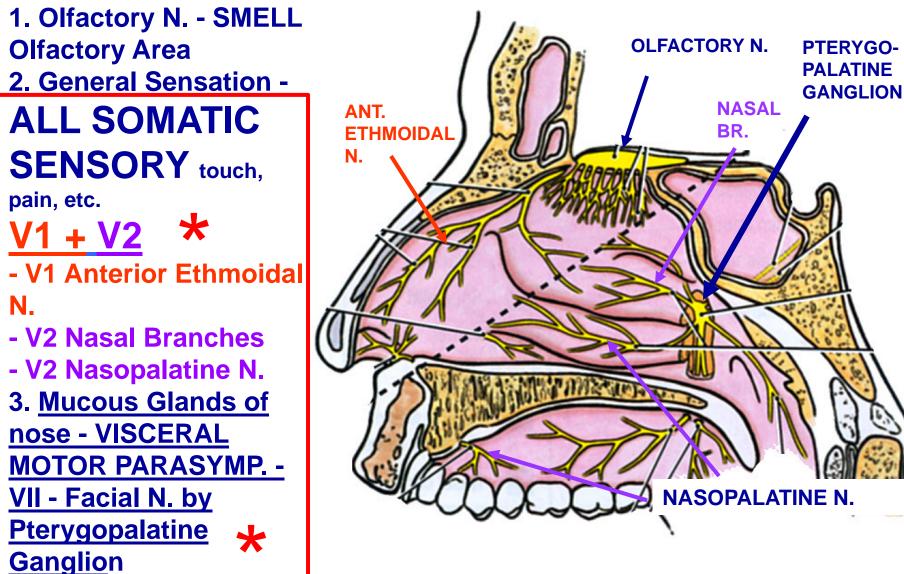
OLFACTORY FORAMINA – in Cribriform Plate of Ethmoid Bone - CN I **OLFACTORY** NERVE DAMAGE -ANOSMIA (LOSS OF **SMELL)**

PROSECTION 77 -BRAINSTEM IN CRANIAL CAVITY



NERVES of NASAL CAVITY

Nerves

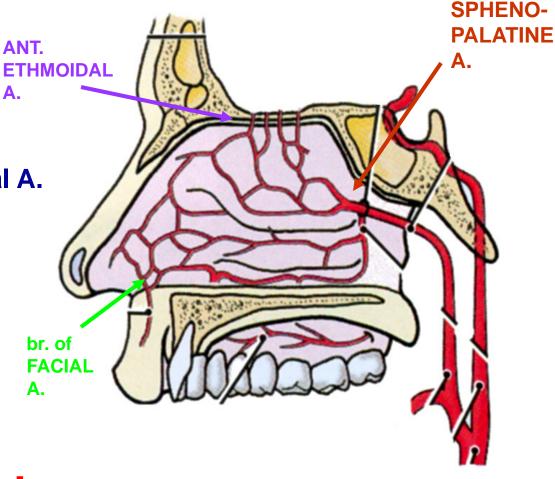


ARTERIES/VEINS OF NASAL CAVITY

<u>Arteries</u>
 <u>Arteries</u>
 Sphenopalatine Artery
 from Maxillary A.
 Ant. and Post Ethmoidal A.
 from Ophthalmic A.
 Branches of Facial A.

2. <u>Veins</u>

a. Ethmoidal vein
drain to Ophthalmic v.
b. Other branches to
Pterygoid Venous Plexus
c. Facial Vein





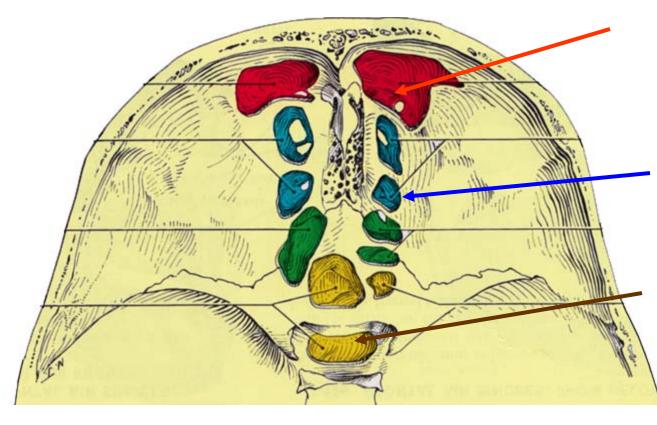
Note: Epistaxis (nosebleed) can be extensive due to Anastomoses – Spurting if arterial

PARANASAL AIR SINUSES

VIEW: FLOOR OF ANT. CRAN. FOSSA WITH BONE REMOVED

All usually paired

NOSE



A. <u>Frontal</u> - separate by septum, variable size

C. <u>Ethmoid</u>- also called air cells (Ant., Mid., Post.)

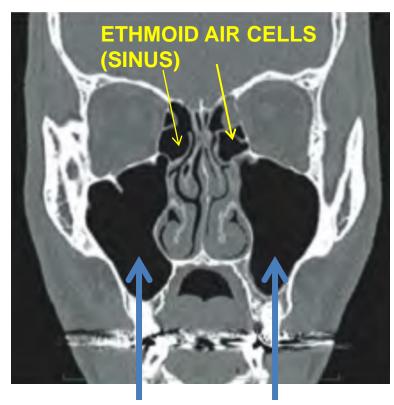
B. <u>Sphenoid</u> - in body of Sphenoid bone

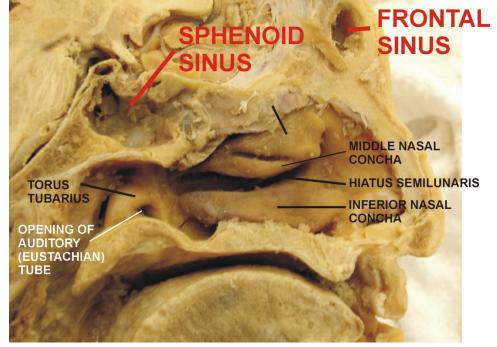
Ethmoid - Blocked Sinus Infection Can Spread to Orbit

SINUSES ON CT AND PROSECTION PICTURES

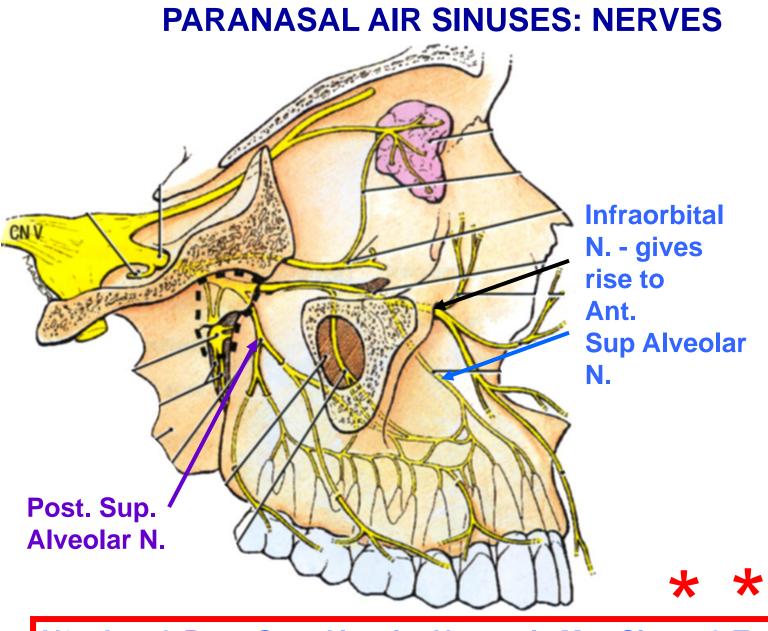
CT IN CORONAL PLANE

PROSECTION 75 – NASAL CAVITY





MAXILLARY SINUS



V2 - Ant. & Post. Sup. Alveolar N. supply Max Sinus & Teeth; (Infected MAXILLARY sinus can feel like a tooth ache)

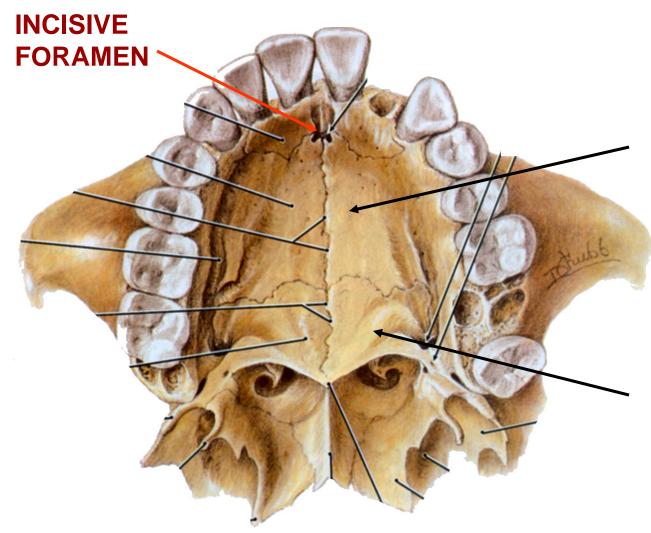
PRACTICE QUESTION CLINICAL VIGNETTE



A young boy is brought to a physician working in a field hospital. The mother of the boy says he has difficulty swallowing and that food is expelled through the nasal cavity. Upon examination, the physician finds a large defect in the hard and soft palates (photo above) and suspects that the child developed with a Posterior Cleft palate. Failure of fusion of which of the following structures produces a Posterior Cleft Palate?

- a) medial nasal and maxillary process b) maxillary processes of each side c) lateral nasal process and maxillary processes d) medial and lateral nasal processes
- e) lateral nasal process of each side

PALATE ANATOMY

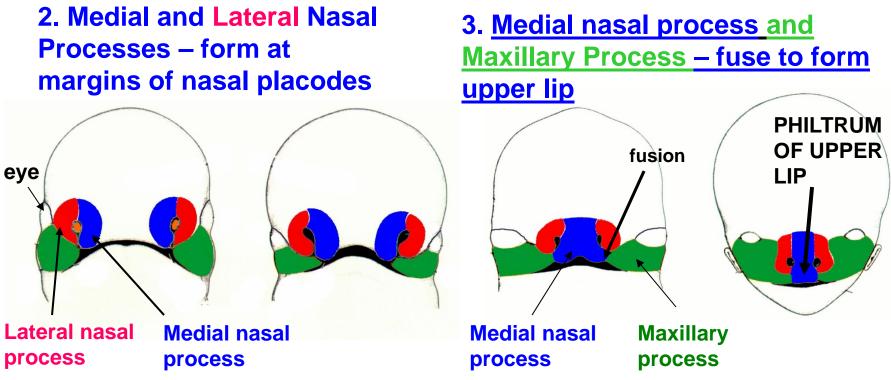


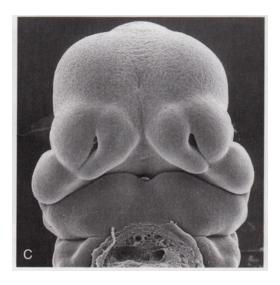
B. Anatomy

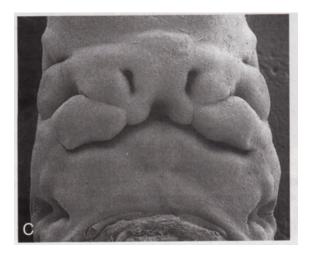
Hard Palate a. Maxillary Bones (palatine process)

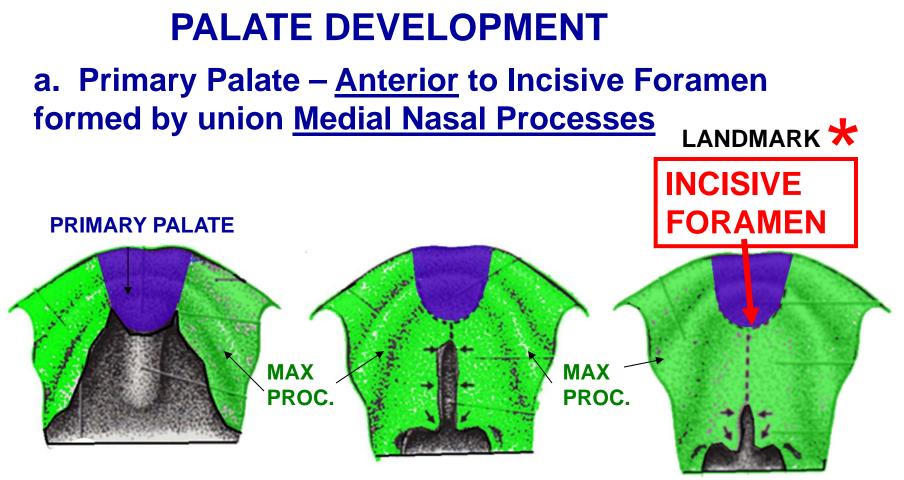
b. Palatinebones(horizontalplate)

DEVELOPMENT OF FACE







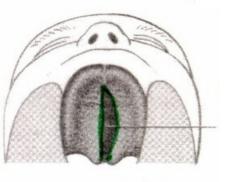


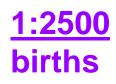
SECONDARY PALATE

b. Secondary Palate – <u>Posterior</u> to Incisive Foramenformed by <u>fusion of Maxillary processes</u>

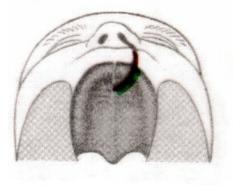
MALFORMATIONS: CLEFT PALATE

2) <u>Posterior Cleft</u> <u>Palate</u> - Not fuse Secondary palate (not fuse <u>Maxillary</u> <u>Processes each side</u>)



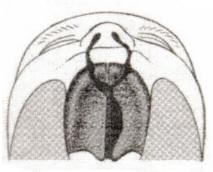


1) <u>Anterior Cleft</u> <u>Palate</u> - Not fuse <u>Medial Nasal</u> <u>Process and</u> <u>Maxillary Process</u>



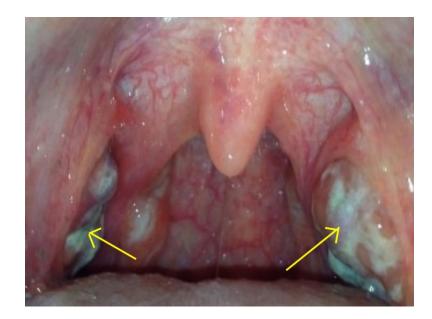
<u>1:1000</u> Births

Can be unilateral or bilateral



Note: <u>Ant. Cleft</u> <u>Palate is same</u> <u>as Cleft Lip</u>

PRACTICE QUESTION CLINICAL VIGNETTE

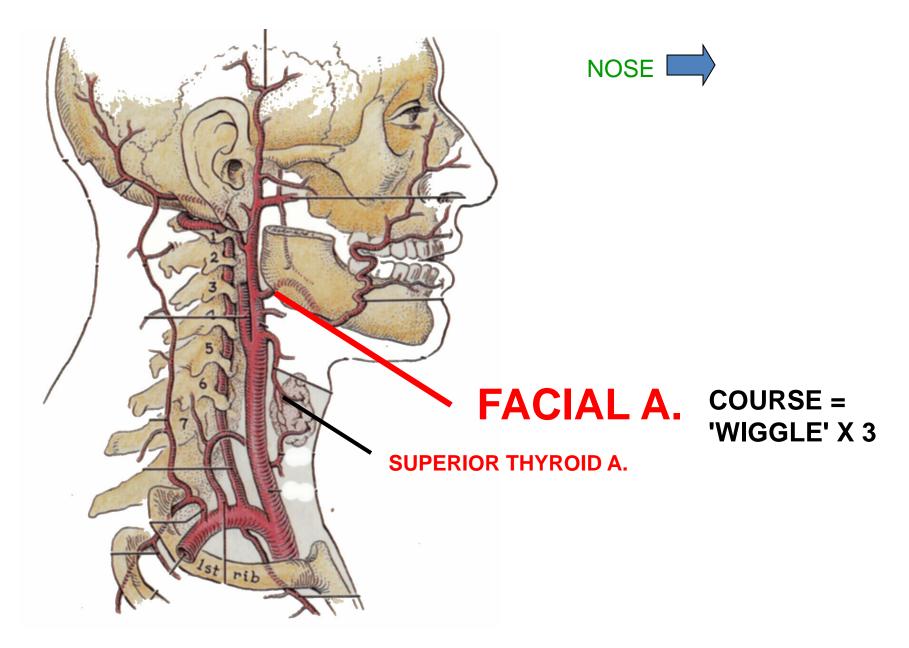


A patient is seen because of a very 'sore throat' Inspection of the soft palate (image above) shows enlarged masses in the lateral wall of the oropharynx. The masses are surgically removed and the patient returns home. However, that evening, there is extensive arterial hemorrhage in the oropharynx. This is most likely due to injury to a branch of which of the following arteries?

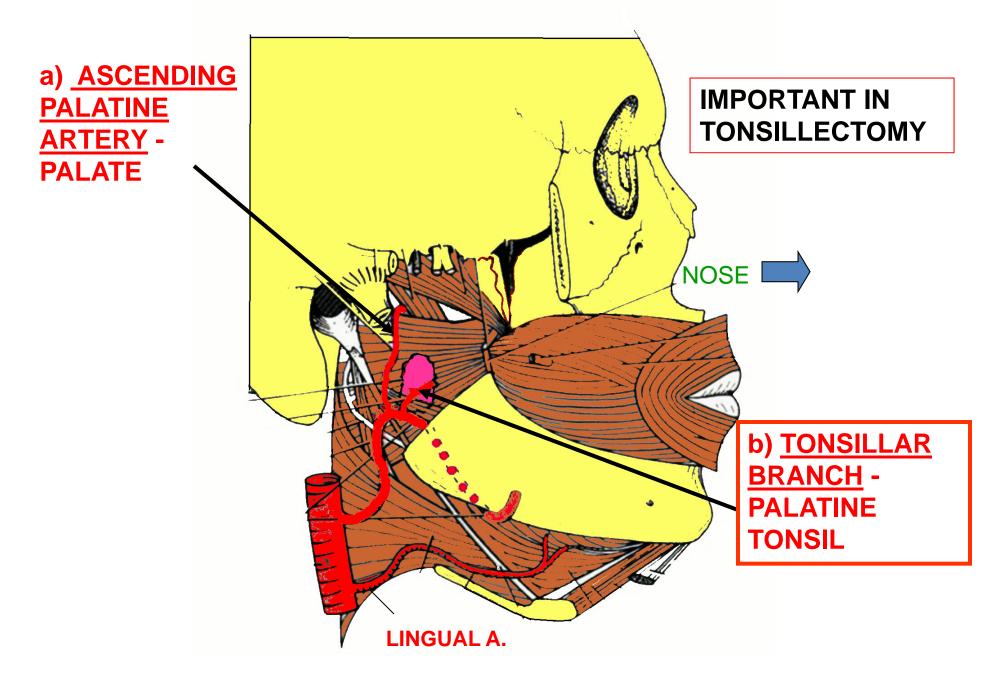
- A. Superior Thyroid artery
- **B. Lingual artery**
- **C. Facial artery**
- **D. Posterior Auricular artery**
- E. Ophthalmic artery

ADDITIONAL QUESTION: WHAT CRANIAL NERVE CAN BE DAMAGED DURING TONSILLECTOMY?





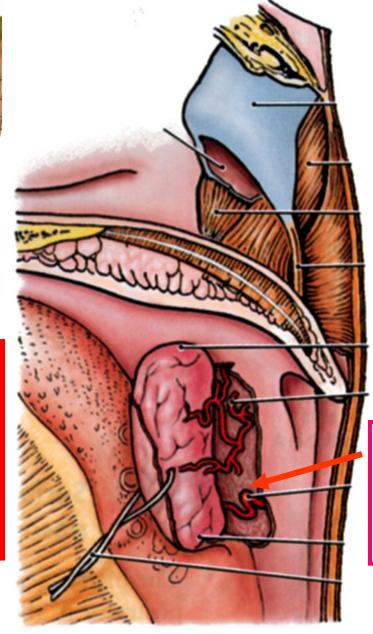
FACIAL ARTERY- BRANCHES MEDIAL TO MANDIBLE



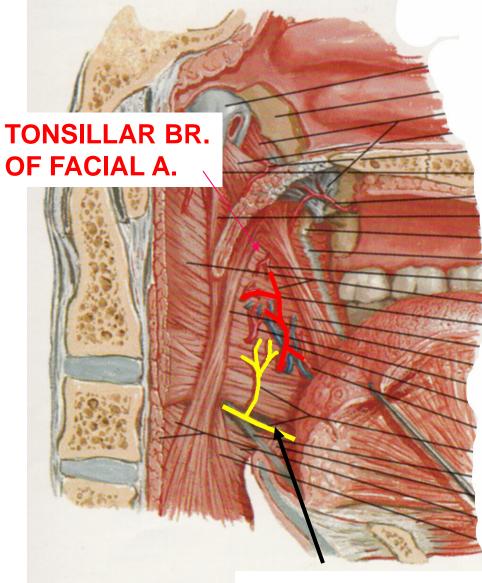
FACIAL ARTERY- BRANCHES MEDIAL TO MANDIBLE

PALATINE TONSIL

> NOTE: TONSILLECTOMY -Post-operative bleeding of Tonsillar branch of Facial artery is complication of removal of palatine tonsils; also damage IX



b) <u>TONSILLAR</u> <u>BRANCH</u> -PALATINE TONSIL



PALATINE TONSILS

Arteries-

From Tonsillar branch of Facial Artery - can be large Extensive bleeding after tonsillectomy

Note:

1) <u>Glossopharyngeal Nerve</u> only covered by Fascia; <u>can</u> <u>be damaged in tonsillectomy</u>

IX – GLOSSOPHARYNGEAL NERVE

