LARYNX



OUTLINE

I. CARTILAGES II. LIGAMENTS III. MUSCLES IV. TERMS/AREAS V. INNERVATION VI. BLOOD SUPPLY VII. LYMPHATICS VIII. OBSTRUCTION OF LARYNX

LARYNX IS SOUND GENERATOR; HOWEVER, SOUNDS ARE EXTENSIVELY MODIFIED IN SPEECH AND SINGING BY RESONANCE OF PHARYNX, NASAL CAVITY, ORAL CAVITY



LARYNX

Cartilages connected by membranes and ligaments, moved by muscles

2 Functions: 1) Sound production

2) Closes of Respiratory System allows increase in Abdominal Pressure

Note: In Respiration -Inspire - Diaphragm; Expire - Some muscles but largely passive; Forced Expire -Abdominal Muscles



When larynx closes off trachea, forced expiration produces increased abdominal pressure: push-childbirth; defecation etc.



 <u>Inferior horns</u> make synovial hinge joints with Cricoid Cartilage; - <u>Laryngeal Prominence = Adam's Apple</u>, more prominent in males



LARYNX: CARTILAGES



C. <u>Arytenoid</u> - 2 pyramidal shaped cartilages above lamina – have synovial joints with Cricoid permit <u>Swivel = Rotate</u> <u>Sliding = Ab/Adduct</u>

D. <u>Corniculate</u> nodules above arytenoids in aryepiglottic folds

E. <u>Cuneiform</u> - rod shaped, above corniculate cartilages

LARYNX: SYNOVIAL JOINTS

THYROID and CRICOID ARYTENOID and CRICOID



JOINTS PERMIT TILTING OF THYROID-CRICOID: - CHANGE PITCH OF SOUND (TENSE OR RELAX VOCAL LIGAMENTS) JOINTS PERMIT ROTATION AND SLIDING: - OPEN OR CLOSE LARYNX (ABDUCT OR ADDUCT VOCAL LIGAMENTS)

LARYNX CARTILAGES: EPIGLOTTIS

POST. VIEW



F. <u>EPIGLOTTIS</u> - <u>leaf shaped</u> cartilage posterior to root of tongue; connected to body of hyoid and post side of thyroid cartilage

II. LIGAMENTS OF LARYNX

A. Structural ligaments - hold larynx, hyoid, trachea together

Median Thyrohyoid Ligament

Median Cricothyroid Ligament



1. <u>Thyrohyoid Membrane</u> links larynx to hyoid; <u>Median Thyrohyoid</u> <u>Ligament</u> - thickened midline part

2. <u>Cricothyroid Membrane</u> links thyroid to cricoid; <u>Median Cricothyroid</u> <u>Ligament -</u> thickened midline part

3. <u>Cricotracheal ligament</u> links Cricoid to first tracheal cartilage











LARYNX PRODUCES SOUND LIKE LIPS OF TRUMPET PLAYER



Trumpet player – Clifford Brown



Tense lips - raise pitch Relax lips - lower pitch

FUNCTIONAL LIGAMENTS



(In Coronal Section)

Conus Elasticus Functions

1) <u>Sound Production</u> – Vibrate like lips of trumpet player; 2) <u>Close Rima Glottidis</u> stops outflow air, upward movement of diaphragm - when contract abdominal muscle pressure increases in abdominal cavity; occurs in childbirth, defecation

LARYNGOSCOPE VIEW OF LARYNX



Post. Vestibular Folds (false vocal folds) vocal folds adducted when talking or singing

LARYNGOSCOPE VIEW OF LARYNX

Post.

folds)

Corniculate Cuneiform Cuneiform cartilages **Vocal Folds** cartilage cartilage (true vocal

Epiglottis

vocal folds adducted when talking or singing

Vestibular Folds

Ant.

(false vocal folds)

Tongue



Epiglottis

LARYNX PRODUCING SOUND

Vocal Folds (True, white) brought together



III. MUSCLES OF LARYNX - well named

A. Extrinsic muscles (ex. hyoid muscles) - Move whole larynx as in swallowing

B. Intrinsic Muscles 1) change pitch by changing tension in vocal lig; increase tension raises pitch, decreased tension lowers pitch; 2) open and close Rima Glottidis



1) <u>CRICOTHYROID</u>-Tenses Vocal Ligament Increasing Pitch



STRETCH vocal ligament INCREASE PITCH -CRICOTHYROID

MUSCLES OF LARYNX



THYROARYTENOID MUSCLES - adjacent to vocal ligament -Relaxes Vocal Ligaments Decreases pitch



RELAX vocal ligament DECREASE PITCH -THYROARYTENOID

OPEN AND CLOSE RIMA GLOTTIDIS BY ROTATING/SLIDING ARYTENOIDS -

Rotate laterally opens; Rotate medially or slide closes





LATERALLY





CLOSE

ROTATE

more close than open



CLOSE

SLIDE

POSTERIOR CRICO-ARYTENOID LATERAL CRICO-ARYTENOID ARYTENOIDEUS

REST POSITION

Larynx open for deep breathing; close for speech; completely close to raise abdominal pressure (Valsalva maneuver)

ARYTENOIDEUS MUSCLES OF LARYNX



ARYTENOID

ARYTENOID

5) ARYTENOID (Transverse and oblique arytenoid) - Adduct vocal folds
4) LATERAL CRICO-ARYTENOID - Adduct vocal folds

3) POSTERIOR CRICO-ARYTENOID – Abducts vocal fold

Adduct closes rima glottidis Abduct opens rima glottidis

MUSCLES OF LARYNX



5) <u>ARYEPIGLOTTIC</u> <u>MUSCLE</u>

Pulls epiglottis down during swallowing

- Covers inlet to larynx
- Not necessary in adult humans

LARYNX MUSCLES - KNOW MUSCLE, ACTION, INNERVATION

MUSCLE ACTION NERVE Cricothyroid Tenses vocal fold, raises pitch of sound External Laryngealn. (X) Thyroarytenoid Relaxes vocal fold, decreases pitch of sound Recurrent Laryngeal n. (X) Posterior Abducts vocal folds, opens rima glottidis Recurrent Laryngeal n. (X) cricoarytenoid Lateral Adducts vocal folds, closes rima glottidis Recurrent Laryngeal n. (X) cricoarytenoid Arytenoid Adducts vocal folds, closes rima glottidis Recurrent Laryngeal n. (X) (Transverse arytenoid) Aryepiglottic Pulls down epiglottis during swallowing Recurrent Laryngeal n. (X) muscle

IV. TERMS ASSOCIATED WITH LARYNX



Bisect Larynx to see interior structures

NOSE TERMS ASSOCIATED WITH LARYNX

epiglottis



VESTIBULE - inlet above false vocal folds

VESTIBULAR (FALSE VOCAL) FOLDS - overlie vestibular ligaments

<u>VENTRICLE</u> - area between true and false vocal folds; lateral extension is Laryngeal Sinus

VOCAL (TRUE VOCAL) FOLDS

- overlie vocal ligaments

LARYNGOSCOPE VIEW OF LARYNX



TRUE VOCAL FOLDS -overlie vocal ligaments

FALSE VOCAL FOLDS - overlie vestibular ligaments

ARYEPIGLOTTIC FOLD - overlie Quadrangular membrane



V. NERVES OF LARYNX – Branches of Vagus



A. <u>Superior Laryngeal N.</u>
divides to 1. Internal Laryngeal N.
Visceral Sensory to Larynx
<u>Above</u> True Vocal Folds
2. External Laryngeal N.
Branchiomotor to Cricothyroid

B. <u>Recurrent Laryngeal N.</u>
- Visceral Sensory to Larynx
<u>Below</u> True Vocal Folds
- Branchiomotor to all other
Muscles of Larynx

VI. LARYNX - ARTERIAL SUPPLY



VII. LARYNX -LYMPHATICS

Superior Deep Cervical Nodes drain Larynx above true vocal folds

Inferior Deep Cervical Nodes drain Larynx below true vocal folds

CLINICAL Note: Mucosa is tightly attached to vocal folds; in <u>Anaphylactic Shock</u> (acute allergic reaction) swelling of <u>Vestibular</u> folds can constrict airway and lead to Suffocation)

VIII. OBSTRUCTION OF LARYNX: TRACHEOTOMY



open airway to lungs below obstructed larynx

> Tracheotomy - cut between 1st and 2nd or 2nd and 3rd Tracheal cartilages

THYROID GLAND - LOTS OF VEINS

3) Inferior Thyroid vein(s) drain to Left Brachiocephalic Vein



OBSTRUCTION OF LARYNX: <u>CRICOTHYROTOMY</u>





